

Frequently Asked Questions

How do the Utah Country Club Swim & Dive League swim rules differ from USA Swimming rules?

There are only a few minor differences between the two.

1. We allow a false start. A swimmer who false starts is allowed to try one more time.
2. Our age classifications are also different. USA Swimming sanctioned meets determine the age group the swimmer will be competing in by his/her age on the day the meet begins. The Utah Country Club Swim & Dive League uses the age of the swimmer on June 1st as their age for the entire summer season.
3. Most USA Swimming meets group the youngest swimmers into one category – 10 & under. We have 6 & under; 7-8 & 9-10 age group competition.
4. We concentrate on the shorter distance events. By the time swimmers reach the 13-14 & 15-17 age groups, they are usually competing in longer races with USA Swimming. No individual race is longer than 100 meters in the Utah Country Club Swim & Dive League.

What time do the dual meets start?

Diving warmups usually begin at 3:30 p.m. and swimming competition immediately follows, with warmups around 5:00 p.m. and events beginning at 5:30 p.m.

Do the meet events follow any particular order?

There are 74 events in the swim portion of a meet and 10 events in diving. The event order and descriptions are found in the Resources section of this site.

What kind of recognition do the swimmers and divers receive?

During dual meets, ribbons are given to the top three finishers in each individual event and top two relay teams. *ALL 6 & UNDER SWIMMERS RECEIVE A RIBBON AS THEY FINISH THEIR EVENTS – 25 FREESTYLE & 25 BACKSTROKE.*

At the Conference Swim Championships, the top 8 finishers receive medals and places 9-16 receive ribbons. *ALL 6 & UNDER SWIMMERS RECEIVE MEDALS AS THEY FINISH THEIR EVENTS.* At the Conference Dive Championships, the top 6 finishers receive medals and places 7-12 receive ribbons.